

TALK TO  
*your*  
DOCTOR

IS YOUR  
*ocular surface*  
HEALTHY?

DRY EYE  
*is a*  
DISEASE



About the  
advanced TearLab®  
Osmolarity Test.

 **TearLab.**

1-888-677-TEAR (1-888-677-8327)  
[www.tearlab.com](http://www.tearlab.com)

Proper diagnosis  
is the first step  
toward relief.

# Millions of People Suffer From Dry Eye Disease

Yet in the majority of cases dry eye disease goes undiagnosed. Often this is because sufferers misunderstand the symptoms.

People with these symptoms often assume they are caused by external irritants or that they are just part of life.

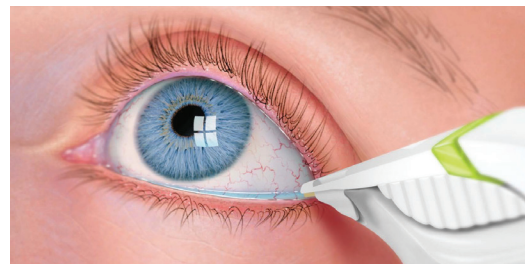
Measuring osmolarity, an important sign of ocular surface health, is beneficial for doctors in diagnosing and managing dry eye disease.

See the list below, and put a check mark next to the symptoms you are experiencing. You may have dry eye disease and should discuss your symptoms with your doctor.

**DRY EYE CHECKLIST**

- Blurry Vision
- Redness
- Burning
- Itching
- Light sensitivity
- Excessive tearing/watery eyes
- Tired eyes/eye fatigue
- Stringy mucous in or around the eyes
- Foreign body sensation
- Contact lens discomfort
- Scratchy, feeling of sand or grit in eye

In fact, dry eye disease occurs when your eyes do not produce enough tears or produce poor quality tears. That's why it's essential you get your tears analyzed by your eye doctor. Only an eye doctor can properly diagnose your problem and treat it appropriately.



*Now, thanks to breakthrough technology from TearLab,<sup>®</sup> patients can easily be tested and have objective results immediately.*

Your eye doctor will take a sample of tears from each eye and use the TearLab device to measure osmolarity (the saltiness of your tears). As osmolarity in your tears increase ocular surface cells become damaged. Your doctor will need an amount no larger than the period at the end of this sentence.

**TEARLAB OSMOLARITY TRACKER**

NAME \_\_\_\_\_

DATE \_\_\_\_\_

Normal	Mild	Moderate	Severe
300	320	340	

mOsm/L

## Track your osmolarity?

Ask your doctor for your free Osmolarity Tracker Card. Be sure to record your progress with each visit.

*To ensure an accurate measurement, please be sure not to take any eye drops two hours before tear testing or your next office visit.*

 **TearLab<sup>®</sup>**

